



## **40. JOOKS ÜMBER PÜHAJÄRVE**

## **SILVER KOIT**



# 107

TREENINGPARTNER

2 M50

## 10,7 KM **86TH PLACE** 00:46:49.0

CAT - M50 - 12TH PLACE

POS	CAT	RESULT	BEHIND	NET TIME	DIST	ANCE AVER	AVERAGE PACE		AVERAGE SPEED	
86	(12)	00:46:49.0	00:11:39.1	00:46:45.2	00:46:45.2 10.700 k		04:23 min/km		/h	
SPLIT		DISTANCE	POS	RESULT	BEHIND	TIME OF DAY	SPLIT TIME	MIN/KM	KM/H	
Start			99	00:00:03.8	00:00:03.8	12:00:04.3	00:00:03.8			
5 km		5.000 km	86	00:21:10.8	00:04:23.2	12:21:11.3	00:21:07.1	04:14	14.21	
Finish 1	.0,7 km	10.700 km	86	00:46:49.0	00:11:39.1	12:46:49.4	00:25:38.2	04:30	13.34	

