



6. KADRIJOOKS

MAARJA HAAMER

#

11
BIB

4 km

54th place

00:38:01.1

Women - 31st place

POS	WOMEN	CAT	RESULT	BEHIND	DISTANCE	AVERAGE PACE	AVERAGE SPEED
54	(31)	(54)	00:38:01.1	00:23:19.0	3.996 km	09:31 min/km	6.31 km/h

SPLIT	DISTANCE	POS	RESULT	BEHIND	TIME OF DAY	SPLIT TIME	MIN/KM	KM/H
Ring 1	0.666 km	56	00:05:51.0	00:03:23.7	12:05:51.0	00:05:51.0	08:48	6.83
Ring 2	1.332 km	54	00:11:36.2	00:06:39.9	12:11:36.2	00:05:45.3	08:39	6.95
Ring 3	1.998 km	54	00:18:03.1	00:10:36.4	12:18:03.1	00:06:26.9	09:41	6.20
Ring 4	2.664 km	54	00:25:16.1	00:15:20.0	12:25:16.1	00:07:13.1	10:51	5.54
Ring 5	3.330 km	53	00:31:55.9	00:19:32.6	12:31:55.9	00:06:39.8	10:01	6.00
4 km	3.996 km	54	00:38:01.1	00:23:19.0	12:38:01.1	00:06:05.2	09:09	6.57

TALLINN, KADRIORU STAADION - 25. NOV 2023



ORGANIZER: MTÜ STAMINA SK

